**Month: October 2020**

**Theme:** Olympics Lesson 37

**I. Objective of lesson**:

1. Learn about the Olympics and fun things they can to move

2. Learn to work as a team to learn, practice, and compete at an event.

3. Learn about Special Olympics in Monroe County

**II. Activities and Key learning points: Time: 30 mins**

Activities and Key learning points

[x]  Red team (Center based program)

1. Watch a video of the special Olympics.
2. <https://www.youtube.com/channel/UCbgL_cannhXClCH6OKNpbJg>
3. <https://www.youtube.com/watch?v=OJ3tmel0NdM>
4. Talk about some the events they did in the second video
5. Select the events that your participant will compete in. Try to select activities that are at your building or around you. There is a list of activities in the appendix to help you find an activity to compete at
6. Learn the activity and have each person practice the event. People can do more than one event.
7. Record in there binder
8. Record what activity they will do in the Olympics

[ ]  Blue team (Center/community based programs)

1. Watch a video of the special Olympics.
2. <https://www.youtube.com/channel/UCbgL_cannhXClCH6OKNpbJg>
3. <https://www.youtube.com/watch?v=OJ3tmel0NdM>
4. Talk about some the events they did in the second video
5. Select the events that your participant will compete in. Try to select activities that are at your building or around you. There is a list of activities in the appendix to help you find an activity to compete at
6. Learn the activity and have each person practice the event. People can do more than one event.
7. Talk about the sportsmanship and helping one another
8. Record in there binder
9. Record what activity they will do in the Olympics

[ ]  Green team (Community Based)

1. Watch a video of the special Olympics.
2. <https://www.youtube.com/channel/UCbgL_cannhXClCH6OKNpbJg>
3. <https://www.youtube.com/watch?v=OJ3tmel0NdM>
4. Talk about some the events they did in the second video
5. Select the events that your participant will compete in. Try to select activities that are at your building or around you. There is a list of activities in the appendix to help you find an activity to compete at
6. Maybe join with another day program to compete with them.
7. Learn the activity and have each person practice the event. People can do more than one event.
8. Talk about the sportsmanship and helping one another
9. Record in there binder
10. Record what activity they will do in the Olympics

**IV. Supplies needed**

1. Supplies for the activities for the Olympic events
2. HLC Binder

V. Feedback on Lesson

1. (Staff inputs)

2. (Individuals input)

3. ( Manager Inputs)