Month: July 2020

Theme: Backyard games T ball 28

Objective of lesson:

1. Learn ways to connect with the community

2. Have fun with movement

3. Work on hand eye coordination

Activities and Key learning points

[ ]  Red (Center based program

* Watch video on how tom play T ball
* Introduce the large bat and large soft ball to each person. Allow exploration.
* Demonstrate putting the ball on the T and lining up the bat
* Encourage keeping your eye on the ball
* Count one two three and then tap the ball off the T
* Assist each person to practice knocking ball off T
* Provide encouragement throughout

[ ]  Blue (Center/community based programs)

* Watch video on how to play T ball
* Practice hitting/knocking ball off T
* Practice catching the ball
* Practice going around the bases
* Staff assist individuals with each step as needed

[ ]  Green (Community Based)

* Watch video on how to play T ball
* Practice hitting ball off T
* Practice catching the ball
* Practice going around the bases
* Staff assist as needed

Supplies needed

* Video on how to play T ball
* T ball stand
* Bases
* Velcro mitts
* Velcro balls
* Score card
* Large light bat
* Large soft ball

Feedback on Lesson

1.

2.

3.