**Month:** June 2020

**Theme:** Community: Lesson 24

**I. Objective of lesson**:

1. Walking tour of High Falls ( go on a Thursday and enjoy a concert put on by Hochstein at 12:00 and have lunch there) or Genesee Country Museum.

2. Increase understanding of the falls things in the downtown Rochester or some of the historical aspects presented at the Genesee Country Museum.

**II. Activities and Key learning points: Time: 2 hours**

Activities and Key learning points

Red team (Center based program)

1. Review the destination the group will be visiting, High Falls or Genesee Country Museum.
   1. Identify the movement the group will be doing.
   2. Identify some things they might see at their destination.
2. Walk the selected destination, High Falls or Genesee Country Museum
   1. Discuss the area around the falls and historical aspects of the falls or the museum.
3. Write in Healthy Binder the place you visited and what you did.

Blue team (Center/community based programs)

1. Review the destination the group will be visiting, High Falls or Genesee Country Museum.
   1. Identify the movement the group will be doing.
   2. Identify some things they might see at their destination.
2. Walk the selected destination, High Falls or Genesee Country Museum.
   1. Discuss the area around the falls and historical aspects of the falls or the museum.
3. Write in Healthy Binder the place you visited and what you did.

Green Teams (Community Based)

1. Review the destination the group will be visiting, High Falls or Genesee Country Museum.
   1. Identify the movement the group will be doing.
   2. Identify some things they might see at their destination.
2. Walk the selected destination, High Falls or Genesee Country Museum.
   1. Discuss the area around the falls and historical aspects of the falls or the museum.
3. Write in Healthy Binder the place you visited and what you did.

**IV. Supplies needed**

1. Address and directions of the location you will be visiting and an idea of where you will park.
2. List of 5 – 10 things the group may see while at the destination.
3. Adaptive devices needed for an outing.
4. Healthy Binders

V. Feedback on Lesson

1. (Staff inputs)

2. (Individuals input)

3. ( Manager Inputs)