Month: July 2020

Theme: Backyard games T ball Lesson #28A

Objective of lesson:

1. Learn ways to connect with the community

2. Have fun with movement

3. Work on hand eye coordination

\* Invite other dayhabs to meet at a park.

Activities and Key learning points

Red (Center based program

* Make teams
* Put bases 15ft apart in a diamond shape
* Have one person at a time hit/knock the ball off the T ( staff assist in any way needed)
* Once ball is hit staff assist individual around the bases in any way needed.
* Praise for doing a good job

Blue (Center/community based programs)

* Make teams
* Review how to play the game
* Put bases 15ft apart in a diamond shape
* Have one person at a time hit/knock the ball off the T. Individuals in the field try catching the ball (staff assist as needed)
* Assist individuals around the bases if needed.
* Praise for doing a good job

Green (Community Based)

* Make teams
* Review how to play the game
* Put bases 15ft apart in a diamond shape
* Have one person at a time hit the ball off the T. Individuals in the field try catching the ball and get the runner out.
* Keep score by writing down how many people make it to home plate without getting out
* Encourage good sportsmanship and praise for doing a good job.

Supplies needed

* Video on how to play T ball
* T ball stand
* Bases
* Velcro mitts
* Velcro balls
* Score card
* Large light bat
* Large soft ball

Feedback on Lesson

1.

2.

3.