**Month:** June 2020

**Theme:** Community: Lesson 22

**I. Objective of lesson**:

1. Walk through and explore a village or public market. (Pick a spot the group does not regularly visit.)

2. Increase understanding of things in this new environment and how this environment contributes to our needs in the community. (Explore the stores, buildings, and items of interest.)

**II. Activities and Key learning points: Time: 2 hours**

Activities and Key learning points

Red team (Center based program)

1. Review the village or public market the group will be visiting.
   1. Identify the movement the group will be doing.
   2. Review a “scavenger hunt” worksheet containing 3 – 5 objects to be looking for while exploring the site.
2. Walk the community site looking for 3 – 5 items on the “scavenger hunt” worksheet.
   1. Discuss the purpose of the various establishments in the village. (ex. library, restaurant, barber and how they serve us)

**OR**

* 1. Discuss the items at the public market. Identify healthy foods and their food group.
  2. Identify the cost of items and/or make a purchase.

1. Write in Healthy Binder the place you visited and something you saw.

Blue team (Center/community based programs)

1. Review the village or public market the group will be visiting.
   1. Identify the movement the group will be doing.
   2. Review a “scavenger hunt” worksheet containing 5 - 7 objects to be looking for while exploring the site.
2. Walk the community site looking for 5 – 7 items on the “scavenger hunt” worksheet.
   1. Discuss the purpose of the various establishments in the village. (ex. library, restaurant, barber and how they serve us)

**OR**

* 1. Discuss the items at the public market. Identify healthy foods and their food group.
  2. Identify the cost of items and/or make purchases.

1. Write in Healthy Binder the place you visited and something you saw.

Green Teams (Community Based)

1. Review the village or public market the group will be visiting.
   1. Identify the movement the group will be doing.
   2. Review a “scavenger hunt” worksheet containing 7- 10 objects to be looking for while exploring the site.
2. Walk the community site looking for 7-10 items on the “scavenger hunt” worksheet.
   1. Discuss the purpose of the various establishments in the village. (ex. library, restaurant, barber and how they serve us)

**OR**

* 1. Discuss the items at the public market. Identify healthy foods and their food group.
  2. Identify the cost of items and/or make a purchase.

1. Write in Healthy Binder the place you visited and something you saw.

**IV. Supplies needed**

1. Address and directions of the location you will be visiting.
2. Scavenger Hunt worksheet with 3 – 10 (whichever is appropriate for your site) places to find in the village or the public market, include pictures as needed.
3. Adaptive devices needed for an outing
4. Healthy Binders

V. Feedback on Lesson

1. (Staff inputs)

2. (Individuals input)

3. ( Manager Inputs)