Month : July 2020

Theme: Back Yard Games Yardze #1 lesson 25

Objective of lesson:

1. Learn a game you can play in your community

2. Have fun with friends

3. Stay active

Activities and Key learning points

\*Assure everyone follows Summer Precautions- use this time as a teachable moment

\*Only assist as needed for each step

Red (Center based program

1. Prior to playing the game, watch video on how to play the game. Pause the video and give the recipients time to feel one of the dice they are going to play with. Use as many teachable moments for sensory input as possible such as putting dice in the bucket (sound)
2. Provide an environment where people can sit in a large circle. Preferably outside or a gym area.
3. Explain to the group that they will be given a turn to dump the bucket of dice
4. Before giving the dice to a person in the circle, shake the bucket (make sound) and ask the person to help by placing their hand on the bucket.
5. Place bucket on the lap or tray of the person and ask them to push/dump the bucket on the ground.
6. Provide person three different rolls for each turn to reach desired score box
7. Assist the person with filling in the top portion (1-6) of the score card
8. Provide high verbal praise for each roll.

Blue (Center/community based programs)

1. Prior to playing the game, watch video on how to play the game. Pause the video and give the recipients time to feel one of the dice they are going to play with. Use as many teachable moments for sensory input as possible such as putting dice in the bucket (sound).
2. Provide additional training on the bottom portion of the score card. What does each of them mean.
3. Provide an environment where people can sit/stand in a large circle. Preferably outside or a gym area. To help keep people in their circle, you could use hula hoops
4. Explain to the group that they will be given a turn to dump the bucket of dice
5. Before giving the dice to a person in the circle, roll model shaking the bucket (make sound) and ask the person to shake the bucket. Assist as needed.
6. Ask the person to dump the bucket onto the ground. Assist as needed
7. Ask the person to put the dice that needs to be put back in the bucket back in. They can use the Reacher if needed.
8. Provide person three different rolls to reach desired box on the score card.
9. Assist the person with filling in the score card
10. Provide high verbal praise for each roll.

Green (Community Based)

1. Prior to playing the game, watch video on how to play the game.
2. Provide additional training on the bottom portion of the score card. What does each of them mean.
3. Provide an environment where people can stand in a large circle. Preferably outside or a gym area.
4. Explain to the group that they will be given a turn to dump the bucket of dice to wait for their turn
5. Roll one dice to see who should roll first
6. Give the bucket to the highest roller.
7. Ask the person to dump the dice.
8. Provide person three different rolls to reach desired box on the score card.
9. Each person should pick up their own dice they need to reshake
10. Assist the person with filling in the score card
11. Ask person to fill bucket and pass it to the next person
12. Provide high verbal praise for each roll.

Supplies needed

Extended Reacher

Hula Hoops

Dice with bucket

Score card

Blow up version of the bottom portion of the score card for training purposes

Feedback on Lesson

1.

2.

3.