Month : July 2020

Theme: Back Yard Games Bocce #1 Lesson 26

Objective of lesson:

1. Learn a game you can play in your community

2. Have fun with friends

3. Stay active

Activities and Key learning points

\*Assure everyone follows Summer Precautions- use this time as a teachable moment

\*Only assist as needed for each step

[ ]  Red (Center based program

1. Prior to playing the game, watch video on how to play the game. Pause the video and give the recipients time to feel each ball they are going to play with (whiffle/light plastic). Use as many teachable moments for sensory input as possible.
2. Provide an environment where people can sit in a large circle. Preferably outside or a gym area.
3. Place the white ball, called the pallina, in the middle of the group.
4. Give each person, one at a time, the ramp (if needed) to roll the ball toward the pallina.
5. Once set up direct the person to push/throw the ball. Assist as needed
6. Verbal praise everyone that completes the task
7. Continue taking turns as time allows

[ ]  Blue (Center/community based programs)

1. Prior to playing the game, watch video on how to play the game. Pause the video and give the recipients time to interact with each ball they are going to play with (whiffle/light plastic/bocce ball). Use as many teachable moments for sensory input as possible.
2. Provide an environment where people can sit/stand in a large circle. Preferably outside or a gym area.
3. Place the white ball, called the pallina, in the middle of the group.
4. Provide choice of color of ball. Ask to hold on to it. Do not throw until its their turn.
5. Give each person, one at a time, the ramp (if needed) to roll the ball toward the pallina.
6. Once set up direct the person it is their turn to push/roll the ball. Assist as needed
7. Verbal praise everyone that completes the task
8. Once everyone has a turn to practice, split people into two/three lines forming two/three teams. Emphasize staying in line and taking turns. One color for a team. Staff may need to use the balls farther away from the pallina so that everyone on each team rolls the same color ball.
9. Staff or a special helper should roll the pallina for both lines to target.
10. One person at time should take a turn rolling their ball.
11. Keep score on score card.

[ ]  Green (Community Based)

1. Prior to playing the game, watch video on how to play the game. Pause the video and give the recipients time to experience the weight of each ball. Pause video and ask to rules of the game.
2. Provide an environment where people can stand in a large circle. Preferably outside or a gym area.
3. Place the white ball, called the pallina, in the middle of the group.
4. Give each person, one at a time, a choice of color to roll toward the pallina
5. Verbal praise everyone that completes the task
6. Once everyone has a turn to practice, split people into two/three lines forming two/three teams. Emphasize staying in line and taking turns. One color for a team. Staff may need to use the balls farther away from the pallina so that everyone on each team rolls the same color ball.
7. Staff or a special helper should roll the pallina for both lines to target.
8. One person at time should take a turn rolling their ball.
9. Keep score on score card.

Supplies needed

Adapted ramp

Whiffle balls of different colors

Bocce ball set

Score card

Feedback on Lesson

1.

2.

3.