**Month:** June 2020

**Theme:** Community: Lesson 23

**I. Objective of lesson**:

1. Walk and explore an area park with paths for walking. (ex. Hamlin Beach, Charlotte Beach)

2. Play a game of modified kickball or a circle game of pass the ball while at the park.

**II. Activities and Key learning points: Time: 2 hours**

Activities and Key learning points

[x]  Red team (Center based program)

1. Review the park the group will be visiting.
	1. Discuss the purpose is to walk and to play a game with a ball which is soft.
2. Walk the park along the path. Find an open area to play kick ball or the circle game.
	1. Play a modified game of kick ball or a circle game of pass the ball.
3. Write in Healthy Binder the place you visited and what you did.

[ ]  Blue team (Center/community based programs)

1. Review the park the group will be visiting.
	1. Discuss the purpose is to walk and to play a game with a ball which is soft.
2. Walk the park along the path. Find an open area to play kick ball or the circle game.
	1. Play a modified game of kick ball or a circle game of pass the ball.
3. Write in Healthy Binder the place you visited and what you did.

[ ]  Green Teams (Community Based)

1. Review the park the group will be visiting.
	1. Discuss the purpose is to walk and to play a game of kickball.
2. Walk the park along the path. Find an open area to play kick ball.
	1. Play a game of kick ball.
3. Write in Healthy Binder the place you visited and what you did.

**IV. Supplies needed**

1. Address and directions of the location you will be visiting.
2. A playground ball or a ball which is soft.
3. Adaptive devices needed for an outing
4. Healthy Binders

V. Feedback on Lesson

1. (Staff inputs)

2. (Individuals input)

3. ( Manager Inputs)