**Month: April**

**Theme:** Building Abilities: Lesson 15

**I. Objective of lesson**:

1. Help participant learn to help and lead activities through fun activities

2. Encourage other to cheer on and give positive praise to other participants

**II. Activities and Key learning points: Time: 30 mins**

Activities and Key learning points

[x]  Red team (Center based program)

1. How can you be positive and cheer for others?
* Show and demonstrate good sportsmanship by using words, clapping , hi fives,
* Staff go around and have them try a few ways with you
* Express even if someone does not do well that they need to cheer for them and lift them up
1. Set up team activity you practiced last week and compete against another team
* Set up activities with help from participants
* Work on promoting cheering and supporting one another
* Work on including all in doing something positive for someone else.
1. Review and document in HLC Binder
* Point out specific situation that was good sportsmanship
* Give some good examples of good sportsmanship and promote leadership
* Talk about how you can do this in everyday life

 [ ]  Blue team (Center/community based programs)

1. How can you be positive and cheer for other ?
* Show and demonstrate good sportsmanship by using words, clapping , hi fives,
* Staff go around and have them try a few ways with you
* Express even if someone does not do well that they need to cheer for them and lift them up
1. Set up team activity you practiced last week and compete against another team
* Have participant set up the activity with teammates.
* Work on promoting cheering and supporting one another
* Encourage people to be leaders in the activity. Work on including all in doing something positive for someone else.
1. Review and document in HLC Binder
* Point out specific situation that was good sportsmanship
* Give some good examples of good sportsmanship and promote leadership
* Talk about how you can do this in everyday life

[ ]  Green Team

1. How can you be positive and cheer for other ?
* Show and demonstrate good sportsmanship by using words, clapping , hi fives,
* Staff go around and have them try a few ways with you
* Express even if someone does not do well that they need to cheer for them and lift them up
1. Set up team activity you practiced last week and compete against another team
* Have participant set up the activity with teammates.
* Work on promoting cheering and supporting one another
* Encourage people to be leaders in the activity. Work on including all in doing something positive for someone else.
1. Review and document in HLC Binder
* Point out specific situation that was good sportsmanship
* Give some good examples of good sportsmanship and promote leadership
* Talk about how you can do this in everyday life
* Encourage participants to set up fun activities with friends.

**IV. Supplies needed**

1. Supplies for the activity chosen
2. HLC Binder

V. Feedback on Lesson

1. (Staff inputs)

2. (Individuals input)

3. ( Manager Inputs)